



6TH EDITION | OPEN APPLICATIONS

MASTER'S DEGREE

HUMAN NUTRITION AND METABOLISM

ISOLATED CURRICULAR UNITS OF THE MASTER'S DEGREE

Nutrition in the Life Cycle

Applications until April 19 | Starts May 3

Nutritional Diagnosis and Interpretation of Clinical Analyses

Applications until May 10 | Starts May 24

Nutrition in Pathophysiology

Applications until June 14 | Starts June 28^o

“Omics” and Personalized Nutrition

Applications until August 30 | Starts September 13

Endocrine Alterers and Dietary Contaminants

Applications until September 27 | Starts October 11

MORE INFORMATION





Develop competences and applied knowledge in the field of **Nutrition and Metabolism**, with greater mobility and flexibility, through the **Isolated Curricular Units of the Master's Degree in Human Nutrition and Metabolism from NOVA Medical School**.

You will be able to identify causes and consequences associated with inadequate eating habits, recognizing the molecular mechanisms of disease involved.

Using tools that enable you to evaluate the effectiveness of your actions, you will have interventions based on **scientific evidence**.

The curricular units focus on strategies that promote healthy lifestyles, from a **Lifestyle Medicine** perspective, to prevent diseases – especially chronic non-transmissible diseases –, anticipate metabolic malformation as a consequence of exposure to dietary factors during life in utero, and active healthy ageing.

LANGUAGE:

Classes taught in Portuguese
Teaching materials in English

SCHEDULE:

friday and saturday
9 a.m. – 6 p.m.



NOVA Medical School
Information and Applications
mestrados@nms.unl.pt
Tel.: +351 218 803 066
Academic Service
Postgraduate Center
Campo Mártires da Pátria, 130
1169-056 Lisboa

MORE INFORMATION

