

6TH EDITION | OPEN APPLICATIONS

MASTER'S DEGREE

HUMAN NUTRITION AND METABOLISM

ISOLATED CURRICULAR UNITS OF THE MASTER'S DEGREE

Nutrition in the Life Cycle Applications until April 19 | Starts May 3

Nutritional Diagnosis and Interpretation of Clinical Analyses Applications until May 10 | Starts May 24

Nutrition in Pathophysiology Applications until June 14 | Starts June 280

"Omics" and Personalized Nutrition Applications until August 30 | Starts September 13

Endocrine Alterers and Dietary Contaminants Applications until September 27 | Starts October 11

MORE INFORMATION







Develop competences and applied knowledge in the field of **Nutrition and Metabolism**, with greater mobility and flexibility, through the **Isolated Curricular Units of the Master's Degree in Human Nutrition and Metabolism from NOVA Medical School.**

You will be able to identify causes and consequences associated with inadequate eating habits, recognizing the molecular mechanisms of disease involved.

Using tools that enable you to evaluate the effectiveness of your actions, you will have interventions based on **scientific evidence**.

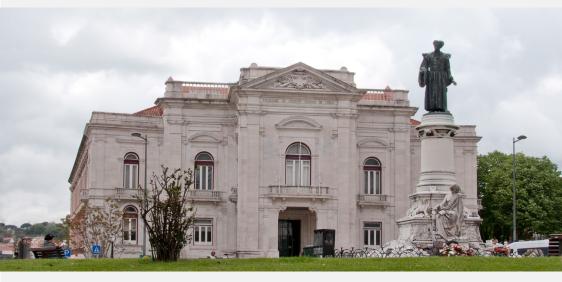
The curricular units focus on strategies that promote healthy lifestyles, from a **Lifestyle Medicine** perspective, to prevent diseases – especially chronic non-transmissible diseases –, anticipate metabolic malformation as a consequence of exposure to dietary factores during life in utero, and active healthy ageing.

LANGUAGE:

Classes taught in Portuguese Teaching materials in English

SCHEDULE:

friday and saturday 9 a.m. – 6 p.m.



NOVA Medical School Information and Applications mestrados@nms.unl.pt Tel.: +351 218 803 066 Academic Service Postgraduate Center Campo Mártires da Pátria, 130 1169-056 Lisboa

MORE INFORMATION

